

It is worthwhile to consider, which of the revisions or formats to obtain. Additions and corrections to the list are very much welcome: antti.pekka.kansala@iki.fi

Thomas Szasz: "The Myth of Mental Illness: Foundation of a Theory of Personal Conduct", 1961; suom. Xxx yyy: "Mielisairauden myytti", zzzz.

Ken Kesey: "One Flew Over the Cuckoo's Nest", 1962; suom. Risto Lehmusoksa: "Yksi lensi yli käenpesän", 1974.

Leonard Ullmann, Leonard Krasner: "A Psychological Approach to Abnormal Behavior", 1975.

Peter Breggin: "Electric Shock: Its Brain-Disabling Effects", 1979.

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Thomas Maeder: "Adverse Reactions", 1994; a 1984 print exists.

Paula Caplan: "Diagnosisgate, Conflict of Interest at the Top of the Psychiatric Apparatus", 1995.

Erving Goffman: "Asylums: Essays on the Social Situation of Mental Patients and Other Inmates", 1961; suom. Auli Tarkka, Riitta Suominen: "Minuuden riistäjät - Tutkielma totaalisesta laitoksesta", 1997.

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Joseph Glenmullen: "Prozac Backlash", 2001.

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Sharna Olfman: “Bipolar Children: Cutting-Edge Controversy, Insights, and Research (Childhood in America)”, 1st Ed., 2007.

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Gwen Olsen: “Confessions of an Ex Drug Pusher”, 2009.

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Laurence Simon: ‘Psychotherapy’ and The Stories We Live By’, 2019.

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Whitely, Martin: “Overprescribing Madness: What’s Driving Australia’s Mental Health Epidemic”, 2021.

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LIVED-EXPERIENCE LITERATURE AND ART

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(In Finnish) Pirjo Sorsa-Turunen: “Kahdensuuntainen elämä”, 2007.

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(In Finnish) Viivi Rintanen: “Mielisairaalan kesätyttö”, 2015.

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Paul John Scott: “Malcharist”, 2020.

Ann C. Bracken: “Crash: A Memoir of Overmedication and Recovery”, 2022.

Sue Johnson: “The Prison Psychiatrist’s Wife”, 2023.

Dorothy Dundas: “Behind Closed Doors Poster” (electronically available, suggested donation, referenced 31.8.2024: psychrights.org/Stories/DDundas/BehindLockedDoors.htm)

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Peter Lehmann (Ed.): “Coming off Psychiatric Drugs: Successful withdrawal from neuroleptics, antidepressants, lithium, carbamazepine, and tranquilizers”, 2004.

Daniel Mackler, Matthew Morrissey: “A Way Out of Madness: Dealing with Your Family After You’ve Been Diagnosed with a Psychiatric Disorder”, 2010.

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UNCATEGORIZED OR RECOMMENDED ADDITIONS

(In Finnish) Felix Kersten: “Himmlerin henkilöäkärinä”, 2. painos, 320 s., Oy. Hämeen kansan Kirjapaino, 1948, suom. ruotsinkielisestä painoksesta “Samtal med Himmler”.

Michel Foucault: “Madness and civilization”, 1961.

(In Finnish) Gaetano Benedetti: “Tutkielmia skitsofreniasta”, 1. painos, 1979.

Carol North: “Welcome Silence”, 1987.

Lorenzo Burti, Loren R. Mosher: “Community Mental Health: A Practical Guide”, 1994.

(In Finnish) Esa Sariola, Markku Ojanen: “Hoito vai pakkohoito – Miten autan skitsofreniapotilasta”, Kustannusosakeyhtiö Otava, 1997, 400 s., ISBN 951-1-14341-7.

(In Norwegian/Finnish) Beate Grimsrud: “En däre fri”, 2010; suom. Jonna Joskitt-Pöyry: “Hullu vapaana”, 2012.

(In Finnish) Anu Korvenniemi: “Toisen maailman kartalla”, 2013.

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Peter Stastny, Peter Lehmann: “Alternatives Beyond Psychiatry”, 2013.

(In Finnish) Ilkka Taipale: “Mielisairaalassa: lääkärin muistelmat”, 2017.

(In Finnish) Katja Kallio: “Yön kantaja”, 2017.

(In Finnish) Emmi Valve: “Armo”, 2017.

(In Finnish) Petteri Pietikäinen: “Hulluuden historia”, 2019.

(In Finnish) Saara Jäntti, Kirsi Heimonen, Sari Kuuva, Annastiina Mäkelä: “Hulluus ja kulttuurinen mielenterveystutkimus”, 2019.

(In Finnish) Markus J. Rantala: “Masennuksen biologia”, 2019.

(In Finnish) Kaisa Peltola: “Häpeän alkemia”, 2020.

(In Finnish) Jari Sarasvuo podcast

ACTIVISM

Paulo Freire: “Pedagogy of the Oppressed”, 1968, suom. Joel Kurtti: “Sorrettujen pedagogiikka”, 250 s., Vastapaino, 2016.

MindFreedom International: “Organizing Guide for Psychiatric Survivors”, Eugene, OR, 2019 (electronically available, free-of-charge: <https://mindfreedom.org/resources/mfi-pocket-organizing-handbook/>, referenced 3.7.2025).

SELF-CRITICAL PSYCHIATRISTS

Thomas Szasz (1920-2012)

Franco Basaglia (1924-1980)

R. D. Laing (1927-1989)

Ronald Leifer (1932-2017)

Peter Breggin (1936-)

“Another starting point for criticizing psychiatry is the work of sociologists: Edwin Lemert, Howard Becker, and especially Thomas Scheff, and Erving Goffman.”